Name: Dr Teresa Parras

**Position**: Consultant Anaesthetist. Research Lead in Anaesthetics at St George's Hospital. NHS Trust. London. UK. Part of the core committee of London Society of Regional Anaesthesia (LSORA).

Qualification: MBBS, PhD

**Areas of Interest**: Currently, her main clinical practice is trauma/orthopaedics collaborating with acute pain team as well. Regional anaesthetist.

**Education / Awards**: She performed a MSc in 2008, completed her training period in 2010 in Spain, she has been working as Consultant in Spain during 32 months. She obtained FRCA equivalent in 2012, and finished her PhD in 2013, regarding postoperative pain management in neck of femur fracture, Quadratus Lumborum Block versus Femoral Block. She obtained two scholarships to carry out two research projects in 2010 and 2011 and award of the best presentation in the "57th AAEAR Anaesthesia Meeting" in 2012.

**Publications / Research**: Published 28 papers, and co-author of 3 books and 7 chapters of books. Carried out one clinical trial in 2012 and several research projects.

**Teaching:** Regular speaker and demonstrator in conferences and courses in regional anaesthesia at national and international level.